



APPETIZERS •

one dozen wings

Tossed in choice of sauce, served with celery and ranch or bleu cheese - 10.99
Mild · Medium · Hot · Nuclear · BBQ · Hot BBQ · Teriyaki · Mango Habenero

chicken tenders

Crispy fried chicken, served with sauce for dipping - 6.99

artichoke cheese dip

Artichokes blended with Parmesan, cream cheese and pesto. Served with warm pita bread or tortilla chips - 8.99

● sampler platter

Two Of Each: jalapeño poppers, southwestern egg rolls, chicken tenders and cheese stix. Served with choice of dressing - 11.99

southwestern egg rolls

Spiced chicken blended with roasted corn, black beans, onions and peppers in a crispy egg roll wrap - 8.49

perfect poppers

Three of our extra large signature jalapeño poppers! Made with cream cheese in our light flaky shell - 7.99

cheese stix

Breaded, fried cheese sticks, served with marinara for dipping - 7.99

SALADS N' SUCH •

Asian Sesame · House Balsamic Vinaigrette · Bleu Cheese · Caesar · Honey Mustard · Italian · Light Olive Oil Vinaigrette · Fat-Free Raspberry Vinaigrette · Ranch · Thousand Island
Add Blackened Or Grilled Chicken To Any Salad + 3.99

•• SOUP SPOT ••

Soup Of The Day: Bowl - 4.99 · Cup - 3.99
House Chili: Bowl - 5.99 · Cup - 4.99

garden

Iceberg lettuce, purple cabbage, carrots, tomatoes and cucumbers - 5.99

caesar

Romaine, fresh Parmesan, baked croutons and Caesar dressing - 8.99

HEALTHY FARE •

hummus

Creamy blend of chickpeas, garlic and sesame paste with warm pita bread or fresh tortilla chips - 7.99 ·· Calorie Count: 413 per serving (serves 3)

● chicken n' strawberry

Organic spring mix, grilled chicken, sliced strawberries, sliced almonds and goat cheese - 10.99 ·· Calorie Count: 494 (without dressing)

grilled chicken plate

Juicy blackened chicken breast served with a side of black beans and Jasmine rice - 10.99 ·· Calorie Count: 695

veggie burger

100% vegetarian black bean patty with all the toppings on a bun. Served with potato chips - 6.99 ·· Calorie Count: 583

trio of tacos

Flour tortillas, ground beef or vegetarian ground beef, lettuce, tomatoes and cheese. Served with salsa and sour cream - 7.49 · Steak or Chicken - 8.99

● nachos

Freshly fried tortilla chips piled high with seasoned ground beef, nacho and shredded cheese, diced tomatoes, jalapeños, sour cream and salsa - 8.99 · Steak or Chicken - 10.99

quesadilla

Flour tortilla, ground beef or grilled chicken, tomatoes, green peppers and cheese. Served with sour cream and salsa - 8.99 · Steak - 9.99

•• SNACK SPOT ••

Onion Rings - 5.99

French Fries or Tater Tots: Large - 4.99 · Small - 3.59
Sweet Potato Fries: Large - 5.99 · Small - 4.59
Add Chili & Cheese + 2.00

black n' bleu steak

Romaine, spinach, sliced steak strips, sautéed mushrooms, red onions, roasted red peppers, sliced almonds and bleu cheese crumbles - 12.99

● fiesta chicken

Seasoned chicken, roasted corn, black beans, tomatoes, onions, black olives and shredded cheese - 10.99

classic chef

Iceberg lettuce, honey baked ham, smoked turkey, boiled egg, tomatoes, cucumbers, green peppers, American cheese and Swiss - 9.99

BURGERS •

Served with chips and a pickle spear. Upgrade To French Fries + 1.25

swooper burger*

Our signature burger topped with lettuce and tomatoes - 7.99
Make it A Swooper Cheeseburger + 1.00

● bleu swooper*

Bacon, melted Swiss cheese and bleu cheese crumbles - 9.99

crash n' burn*

Blackened burger patty topped with melted Swiss cheese - 9.99

max track*

Bacon, sautéed mushrooms and melted Swiss cheese - 9.99

● PERFECT SPOT SPECIALTY

(*) Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

MAIN EVENT •

sirloin steak*

Grilled to order, with choice of potato and fresh veggies - 12.99

blackened chicken

Blackened chicken breast served with black beans, jasmine rice and a side salad - 9.99

ahi tuna*

Sesame encrusted sushi grade tuna, seared rare, thinly sliced and served with wasabi and white rice - 12.99

SPECIALTY SANDWICHES •

Served with French fries or cup of fruit and a pickle spear. Upgrade To Onion Rings or Sweet Potato Fries + 1.00

chromy's boerewors

Traditional South African spiced sausage topped with sautéed tomatoes and onions on a sub roll. Or go with a more Italian version topped with marinara and provolone - 9.99

famous Philly

Lean sliced sirloin or chicken with sautéed fresh mushrooms, onions and melted cheese - 9.99

traditional reuben

Lean corned beef, Swiss, sauerkraut and Thousand Island on grilled rye bread - 9.99

mr. west

Smoked turkey breast, guacamole, lettuce, tomatoes, alfalfa sprouts and Swiss topped with mayo and Dijon mustard - 9.99

hummus n' veggies

Creamy hummus, lettuce, tomatoes, cucumbers and onions. Served on your choice of bread or tortilla - 8.99

FOCCACIA PANINIS & WRAPS •

Served with French fries or cup of fruit and pickle spear.

steak panini

Lean sliced sirloin and provolone with sautéed mushrooms and onions. Topped with our special bistro sauce - 9.99

● **turkey panini**

Sliced smoked turkey breast, provolone, tomatoes and onions with basil pesto - 9.99

veggie panini

Swiss cheese, spinach, artichoke hearts, onions, roasted red peppers and basil pesto - 9.99

club wrap

Sliced smoked turkey, honey baked ham, American cheese, bacon, lettuce, tomatoes, alfalfa sprouts and mayo - 9.99

•• KIDS SPOT ••

For children 12 and under only please!

All Kids Meals - 4.99
Served with potato chips.

Two Chicken Tenders · Hot Dog · Hamburger · PB & J
Grilled Cheese · Grilled Cheese · Cheese Quesadilla

● **blackened, grilled or fried fish**

Flaky, mild white fish fillet, lettuce, tomatoes and our special bistro sauce - 10.99 · Available On A Spinach Wrap - 11.59

grilled chicken breast

Juicy chicken breast smothered with Swiss cheese, lettuce and tomatoes - 9.99

classic cuban

Pork, ham, Swiss cheese and our homemade sauce pressed on Cuban bread - 9.99

•• CLASSIC SANDWICHES ••

'Classic Sandwiches' served with chips and a pickle spear.

Chicken Salad, Tuna Salad, Turkey & Cheese or Ham & Cheese - 7.49
Classic BLT, Grilled Cheese, Good Ol' PB & J or Hot Dog - 5.99

chicken bacon wrap

Marinated chicken strips, cheese, bacon, lettuce, tomatoes and creamy ranch dressing - 9.99

● **chicken caesar wrap**

Our Caesar salad with blackened or grilled chicken wrapped in a spinach tortilla - 9.99

mandarin chicken wrap

Chicken breast, lettuce, Mandarin oranges, sliced almonds and our house made sesame ginger dressing - 9.99



SIDE SPOT: Fresh Fruit: Bowl - 4.49, Cup - 3.49 · Black Beans & Rice - 3.49 · Chicken Salad, Tuna Salad or Small Garden Salad - 3.99 · Baked Potato or Steamed Veggies - 2.99

DRINK SPOT: Pepsi Products · Coffee · Tea · Juice · Milk · Gatorade · Energy Drinks · Beer · Wine · Spirits