

SIGNATURE WRAPS

California Turkey 6.99

Ovengold® Roasted Turkey, spring mix, cheddar, mayo, tomatoes and avocado ranch dressing - with fresh avocado, buttermilk, smoked paprika, chive, vinegar, canola oil, onion and spices, in a spinach wrap.



Honey Ham n' Cheese 6.99

Maple Glazed Honey Ham, cheddar, deli mustard, mayo, tomatoes, shredded iceberg and pickles.



Blazin' Buffalo 6.99

Oven-Roasted Chicken, mayo, tomatoes, shredded iceberg, cheddar and buffalo sauce - made with Frank's RedHot® sauce, Worcestershire, savory spices, and ranch dressing in a jalapeño cheddar wrap.

Mediterranean Turkey 6.99

Ovengold® Roasted Turkey, mayo, tomatoes, feta, spring mix, cucumber, green bell pepper, and balsamic vinaigrette in a spinach wrap.

Here's the Beef 6.99

Roast Beef, cheddar, tomatoes, horseradish sauce, and shredded iceberg.

Tex-Mex 6.99

Oven-Roasted Chicken, mayo, shredded iceberg, cheddar, fire-roasted black bean corn salsa, chipotle dressing - made with buttermilk, vinegar, canola oil, chipotle and other spices, in a jalapeño cheddar wrap.

Veggie Bean Dream 6.99

Three bean salad - chick peas, red kidney beans, pink kidney beans, mayo, provolone, bell pepper, balsamic vinaigrette, cucumber, spring mix, and savory spices, in a spinach wrap.



The Wrap Daddy 7.99

Roast Beef, Maple Glazed Honey Ham, Ovengold® Roasted Turkey, shredded iceberg, provolone, tomatoes, horseradish sauce, Sriracha mayo, pickles and banana peppers in a jalapeño cheddar wrap. (Not available in a 10 inch wrap)

Our signature wraps are hand-made to order and perfection with fresh ingredients, premium meats and scratch-made, specialty dressings.

Kickin' Chicken 6.99

Oven-Roasted Chicken, provolone, tomatoes, fire-roasted red pepper cream cheese, shredded iceberg, Sriracha mayo and banana peppers.

Le Cordon Bleu 6.99

Oven-Roasted Chicken, Maple Glazed Honey Ham, tomatoes, honey mustard, shredded iceberg and swiss cheese.

The New Yorker 6.99

Maple Glazed Honey Ham, Pepperoni, mayo, tomatoes, provolone, spring mix, balsamic vinaigrette, in a spinach wrap.

Lighter appetite?
Go with a 10 inch wrap
for only \$5.99


[10 inch only available in white flour]


Drinks 1.89

Specialty Drinks 2.49

Smoothies 4.99

Chips 1.29

 INDICATES SPICY ITEMS

 INDICATES GLUTEN FREE ITEMS



Wrap It Up

FRESH FOOD FAST

Lunch Combo

Add chips and a drink
for only 2.39

[Available Monday - Friday, 11:00 - 4:00]

HOMEMADE SOUPS

Our hot and hearty soups are a perfect addition to any meal. Ask about today's special.




Cup 3.99


Bowl 4.99


SMOOTHIES


Real fruit, naturally sweetened with pure cane sugar.

Strawberry Banana  **4.99**
Strawberry, banana, orange juice and Greek Yogurt.

Just Fruity  **4.99**
Peach, mango, strawberry, pineapple, orange juice and Greek Yogurt.

Go Green  **4.99**
Kale, pineapple, coconut milk, orange juice and Greek Yogurt.

Chocolate Peanut Butter  **4.99**
Cocoa powder, banana, peanut butter, protein powder and milk.

Berry Banana  **4.99**
Blueberries, raspberries, strawberries, banana, orange juice and Greek Yogurt.




SPECIALTY SALADS

Our hand-tossed salads are made with the freshest ingredients, premium meats, and scratch-made, specialty dressings every day - just the way you like it.



Mediterranean small **5.99** large **7.99**
Hand-tossed mixed greens, Maple Glazed Honey Ham, Oven-Roasted Turkey, feta cheese, olives, tomatoes, green bell peppers, cucumbers, banana peppers, and our house balsamic vinaigrette.

Tex-Mex small **5.99** large **7.99**
Hand-tossed mixed greens, Oven-Roasted Chicken, cheddar, tomatoes, fire roasted black bean corn salsa, tortilla strips, and tomatoes, and chipotle ranch dressing.

Mad Hatter  small **5.99** large **7.99**
Hand-tossed mixed greens, Oven-Roasted Chicken, crisp, apple-wood smoked bacon, blue cheese, hard boiled egg, tomatoes, cucumber, tossed with iceberg in our Honey Mustard dressing made with Dijon, raw honey and buttermilk.



Garden Veggie small **4.99** large **6.99**
Hand-tossed mixed greens, feta cheese, tomatoes, three bean salad, cucumbers, green bell pepper, and our house balsamic vinaigrette.